

WEST END

KITCHEN HOURS

Kitchen open until 2:00pm except for Fridays & Saturdays at 3:30pm

BREAKFAST

YOGURT GRANOLA BOWL

\$7.95

TFC apricot + golden raisin granola, greek yogurt, buckwheat honey, berries

BREAKFAST BISCUIT SANDWICH

\$6.95

House made cheddar and chive biscuit with white cheddar and eggs. Add bacon, ham, sausage, or tomato for \$2.00.

AVOCADO TOAST

\$5.00

Smashed avocado with diced onions, tomato, cilantro, everything seasoning, and a splash

Add bacon, or tomato w/ pickled onions for \$200



BREAKFAST

SLICE OF QUICHE

\$5.95

Rotating veggie and meat options. Ask us what our flavors of the day are!

TOAST & IAM

2 slices of our white bread with whipped butter + choice of house made jams

GRIDDLED MUFFIN

\$3.95

Blueberry muffin toasted with butter



LUNCH

CHICKEN POT PIE SLICE \$7.25

Our famous chicken pot pie with a side of homemade cranberry sauce

CHICKEN CAESAR WRAP \$12,00

Romaine, chicken, croutons, shaved parmesan, creamy caesar dressing in a wrap

CURRY CHICKPEA \$9.95 SANDWICH

Curry chickpeas with lettuce, pickled onions, tomato, salt + pepper, toasted

PB & JELLY \$5.00

Peanut butter and your choice of house made strawberry, raspberry, or blackberry jam

SANDWICHES

All sandwiches come with a choice of house made white bread or can be made as a wrap with a side of housemade bread and butter pickles.

CAPE COD CHICKEN SALAD SANDWICH

\$13.99

Walnuts, green onions, cranberries, celery, cran-mayo, greens, tomato, pickled onions

TURKEY BLT

\$13.99

Turkey, bacon, greens, tomato, and a choice of cran mayo or roasted garlic aioli

PULLED PORK SANDWICH

\$12.95

Pulled pork, bbq sauce, vinegar coleslaw, and our own dill pickles w/ bag of chips of your choice

OUR FAVORITE TUNA \$12.99

Spicy tuna salad, good sharp cheddar, pickled onions, toasted

GRILLED CHEESE

Two slices of cheddar + one slice of

american, grilled Add bacon for \$2.00

SOUPS & SALADS



SANDWICH & SOUP COMBO

Cup of the daily soup with 1/2 sandwich. Choose from a grilled cheese, turkey blt, or a tuna melt.

SOUP OF THE DAY

Ask us about the soup of the day! Cup- \$5.95 Bowl- \$7.95

CHEF SALAD

\$12.00

Spring mix, hard boiled eggs, ham, turkey, tomatoes, cucumbers, pickled onions, cheddar cheese, croutons, and house ranch

CAESAR SALAD

\$8.95

Romaine, parmesan, homemade croutons, and creamy caesar Add chicken for \$2.50



MENU

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PIES

WE OFFER OUR PIES IN 7" ROUNDS, 9" ROUNDS, OR BY THE SLICE

YEAR ROUND

MAINE BLUEBERRY	\$25/\$35
TRIPLE BERRY	\$25/\$35
BLACK & BLUE	\$25/\$35
BOURBON PECAN	\$25/\$35

\$25/\$35

ASK US ABOUT OUR ROTATING SEASONAL FLAVORS!

SOUR CHERRY



PASTRIES

CINNAMON ROLL

BLUEBERRY SCONE

BLUBERRY BUCKLE

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MORNING TOASTIES

BLUEBERRY MUFFIN

CHOCOLATE CHIP COOKIE

GINGER MOLASSES COOKIE

LEMON SHORTBREAD

DAILY QUICKBREADS

WHOOPIE PIES

MARKET



OUR MARKET IS STOCKED WITH
A WIDE RANGE OF LOCAL
PRODUCTS, READY-TO-EAT
GRAB-AND-GO MEALS AND SIDES,
AN EXTENSIVE COLLECTION OF
WINES AND BEERS, AS WELL AS
ALL YOUR ESSENTIAL
TOILETRIES. WHETHER YOU'RE
LOOKING FOR A QUICK BITE,
REFRESHING DRINK, OR
EVERYDAY NECESSITIES, WE'VE
GOT YOU COVERED!

CAKES

OUR CAKE SELECTION CHANGES DAILY. WE OFFER 6" CAKES OR SLICES!

FAT CAT LEMON
CARROT CAKE
VANILLA LATTE
FRUIT & HONEY
RASPBERRY ALMOND
LEMON RASPBERRY
BLACK & WHITE
OREO
CHOCOLATE BLACKOUT
SALTED CARAMEL
FLOURLESS CHOCOLATE



DRINKS



AVAILABLE HOT (12 OZ) OR ICED (24 OZ)

DRIP COFFEE/ICED COFFEE
AMERICANO
MACCHIATO
LATTE
MOCHA
CHAI LATTE
AND MORE!

HOUSEMADE SYRUPS

CARAMEL
MOCHA
BLUEBERRY PIE
VANILLA
BROWN SUGAR TOASTIE
MAPLE
CINNAMON CARDAMOM
ASK ABOUT OUR SEASONAL
FLAVORS